



NEED A HAND DIRECTORY

A Directory Outlining Local & Regional
Community Services
with a Focus on Seniors, Carers &
People with Disabilities
In the Shire of Busselton

UPDATED JUNE 2008



EMERGENCY AND CRISIS CARE CONTACTS

Available 24 hours a day 7 days a week

Concern	Organisation & Description	FREECALL number
Police	Busselton Police	08 9754 9555
	Dunsborough Police	08 9781 3030
Ambulance	Emergency	000
	Non-emergency Calls	131 233
Hospital	Busselton	08 9754 0333
Fire	Busselton Fire Brigade	08 9752 2713
Children's help	Kids helpline Free, confidential telephone and online counselling service specifically for people aged 12 - 25	1800 551 880 www.kidshelp.com.au
Crisis Care	Lifeline Counselling service that respects everyone's right to be heard, understood and cared for. Also provides information about other support services that are available in communities around Australia	13 11 14
	South West 24 First point of contact for mental health, depression, suicide and drug and alcohol concerns in the South West	1800 555 336
	Crisis Care After hours service for Department of Child Protection that provides urgent assistance for children, individuals and families in crisis including suicide counselling, women's refuge and a child protection service	1800 199 008
	Men's Line Australia Support for men with family and relationship concerns	1300 789 978
Domestic Violence	MATES Support Group	08 9752 3217
	Men's Domestic Violence Helpline Information, referral and telephone counselling from people who are specially trained in talking to men about domestic violence	1800 000 599
	Women's Domestic Violence Helpline Offers information, support, counselling and crisis assistance for women experiencing domestic violence	1800 007 339
Parenting	Parenting Line Information and advice on caring for children up to the age of 18	1800 654 432
Mental Health	Reachout Information site for young people and families	www.reachout.com.au
	Beyond Blue Information and support site about mental health	www.beyondblue.org.au

Relationships	Family Helpline Confidential telephone counselling and information service for families with relationship difficulties	1800 634 000
Sexual Assault	Waratah Support Centre Rape crisis service with medical and forensic services	1800 017 303
Substance Abuse	Alcohol and Drug Information Service Alcohol and drug information and counselling	1800 198 024

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ACKNOWLEDGEMENTS

This directory has been compiled to help promote organisations and services that are available and accessible to seniors and people with disabilities who are located within the Shire of Busselton. It has been designed as a user-friendly resource for community and human resource workers, carers, volunteers, families, individuals and the general community. It features as one of a number of strategies in the Shire of Busselton Access and Inclusion Plan.

This Directory has over 200 individual entries^o providing a wide range of community services from support groups and health services to telephone and online assistance. The majority of these services are highly accessible to people living within the local area.

In 2000, the Shire of Busselton developed the Need a Hand Booklet that was re-developed in 2006 with funding through the Wicking Trust under the Foundation of Regional Rural Renewal Program. As a result of this funding a small section of this directory is dedicated to raising awareness about Alzheimer Disease.

This directory is again a re-development of these earlier productions and is funded through the Shire of Busselton.

On behalf of the joint partners below, it is a pleasure to make this directory available and trusts it will prove to be a valuable and resourceful asset.

Every effort has been made to include all relevant services. If you have information about a service that has not been included please contact the Shire of Busselton to have it listed on the web version of the directory.



CONTACT DETAILS AND HOW TO UPDATE OR INCLUDE INFORMATION

It is anticipated that this directory will be reviewed regularly. Reviews will be based on information that is provided to the Shire of Busselton.

Do you wish to be included in new editions or do your details need updating?

Complete this section and post to:
Community Development Officer
Shire of Busselton
Locked Bag 1
Busselton WA 6230

Or Fax (08) 9752 4958

Organisation _____

Address _____

Phone _____ Fax _____ Mobile _____

Email _____

Website _____

Brief description of service

HOW TO USE THE NEED A HAND DIRECTORY

This directory is aimed at all people living in the Shire of Busselton who are interested in the services that are available for seniors and people with disabilities.

There is an index at the back of the directory with a list of organisations, cross-referenced with the page numbers to ensure users can easily identify a service.

It is assumed that any contact made with the organisations and businesses listed, will be made during business hours Monday to Friday, unless otherwise stated.

People who do not speak English can contact organisations listed in this directory through the Translating and Interpreting Service on 13 14 50.

People who are deaf or have a hearing or speech impairment can contact organisations listed in this directory through the National Relay Service on 13 36 77.

This publication is available in alternative formats upon request from the Shire of Busselton on (08) 9781 0444.

SENIORS & DISABILITY SERVICES

South West Regional Aged Care Team

21 Stirling St
P O Box 5301
Bunbury WA 6231
Phone: 08 9722 4300
Fax: 08 9722 4344

Provides an outreach service, assessment, information, advice and assistance to the elderly who want to remain at home or who are considering moving into a residential care facility (hostel or nursing home.) The Team helps the elderly and their carer/family obtain the care and support services needed.

Local Area Co-ordinator Disability Services Commission

86 Bussell Highway
Busselton WA 6280
Phone: 08 9752 3257
Fax: 08 9752 1678
Email: sandro.gilomen@dsc.wa.gov.au

Helps people with a disability and their families plan, select and receive appropriate assistance. The service is available to people with physical, sensory neurological and / or intellectual disabilities.

BESS Busselton Home and Community Care

24 Kent Street
PO Box 5142
Busselton WA 6280
Phone: 08 9754 4716
Fax: 08 9754 3237
Email: operations@bess.org.au

Transport for HACC eligible people in the Shire of Busselton to Bunbury and Perth. 'Meals on Wheels' is available to HACC eligible clients at a small fee. Home maintenance and domestic assistance provided for frail, aged and people with a disability and their carers.

Busselton Meals on Wheels

Kevin Cullen Community Health Centre
Mill Road
Busselton WA 6280
Phone: 08 9752 1140
Email: mow@westnet.com.au

Delivers meals Monday to Friday to people who have difficulty preparing meals and provision can be made for meals for the weekend.

Silver Chain Busselton

58 West Street
Busselton WA 6280
Phone: 08 9754 2880
Mobile: 0427 982 476
Fax: 08 9752 3758
Email: jcarrico@silverchain.org.au
Web: www.silverchain.org.au

Assistance is available with household tasks and personal care. Volunteers are available to provide companionship and assistance with shopping and transport to appointments. A referral is required from a doctor, allied health professional or family carer

Uniting Community Care

PO Box 489

Busselton WA 6280

Phone: 08 9754 4736

Mobile: 0434 736 515

Email: mbrown3@uchwa.com

HACC funded organisation that provides social support to people over the age of 50 who are living independently and socially isolated. Services such as home visiting are provided.

South West Family Support Association

42 Forrest Avenue

P O Box 6224

South Bunbury WA 6230

Phone: 08 9792 7500

Fax: 08 9791 2776

Provide individualised support to people with disabilities and their families. Clients receive assistance to live independently in their own homes and to enhance their community participation. SWFSA has respite funding available and a fully accessible respite house in Busselton.

Busselton Senior Citizens Centre

22 Peel Terrace

Busselton WA 6280

Phone: 08 9752 2232

Fax: 08 9751 2223

Email: bscc@westnet.com.au

Web: www.bsensencitz.com

Provides social, recreational and education programs including table tennis, bootscooting, bingo, book club, computing, cards and other services including dining or take away meals, hairdressing salon and library.

Cape Care Strelley Grange Individual at Home Services Busselton, Capel and Dunsborough

52 - 54 Broadwater Boulevard

Busselton WA 6280

Phone: 08 9754 2406

Fax: 08 9754 2859

Web: www.capecare.com.au

Services provided for the aged - personal care, nursing care, domestic assistance, garden maintenance and an adult day centre Monday to Friday.

Accommodation Support for People with Disabilities

PO Box 441

West Perth WA 6872

Phone: 08 9426 9200

Fax: 08 9481 5223

Web: www.disability.wa.gov.au

Funds are available to assist people in critical need of accommodation support services.

Leeuwin Links

A project of Advocacy South West

Environment Centre, Prince Street

PO Box 1120

Busselton WA 6280

Phone: 08 9751 1395

Fax: 08 9751 1395

Email: leeuwinlinks@bigpond.com

Leeuwin Links is a local self-advocacy and network group that is run by people with disability for people with disability.

Intework Inc.

PO Box 5284

Busselton West WA 6280

Phone: 0407 170 766

Email: southwest@intework.org

Offers an alternative to employment program for adults with a disability and also offers daytime respite.

CARERS SUPPORT**Red Cross Commonwealth Respite and Carelink Centre****South West Carer Respite Centre**

Unit 2, 33 Denning Road

PO Box 2276

Bunbury WA 6231

FREECALL: 1800 052 222

Fax: 08 9726-6746

Email: swcrc@redcross.org.au

Provides free information about community aged care, disability and other support services and provides the opportunity for a carer to occasionally take a break from their caring role and / or receive assistance in emergency or unexpected situations. The Centre provides a single point of contact for information, referral and advice on a full range of respite care services. An Older Carers Program, a Young Carers 'At Risk' Respite Program and Palliative Care is available.

Carers WA

182 Lord St

Perth WA 6000

Phone: 08 9228 7400 or 1300 227 377

Fax: 08 92287488

Email: carers@carerswa.asn.au

Web: www.carerswa.asn.au

Provides support and services to family carers such as information and resources and provides carers support through counselling, education, training, social support, carer's advocacy and representation. There is also a carers retreat available for carers who live with a dependant person who they care for.

Walking the Walk

Meets at White House Ray Village

20 Ray Avenue

Busselton WA 6280

Phone: 08 9754 8242

For people caring for people with dementia, meet on the third Monday of every month.

EQUIPMENT AND MODIFICATIONS**Independent Living Centre of WA Inc**

The Niche

Suite A, 11 Aberdare Road

Nedlands WA 6009

Phone: 08 9381 0611 or 1300 885 886

Fax: 08 9381 0611

Email: enquiries@ilc.com.au

Web: www.ilc.com.au

Provides information, training and advice services from occupational therapists on equipment and resources for people with disabilities, carers and aged including a communication aid service and a mobile display unit which visits Busselton

Silver Chain Busselton

58 West Street
Busselton WA 6280
Phone: 08 9754 2880
Mobile: 0427 982 476
Fax: 08 9752 3758
Email: jcarrico@silverchain.org.au
Web: www.silverchain.org.au

Assistance is available with household tasks and personal care. Volunteers are available to provide companionship and assistance with shopping and transport to appointments. A referral is required from a doctor, allied health professional or family carer.

Busselton Cape Abilities and Walk on Wheels

Unit 1 / 64 West Street
Busselton WA 6230
Phone: 08 9751 1446
Fax: 08 9751 1470
Email: Busselton@walkonwheels.com.au

A local business that sell, hire and service independent living products, scooters, wheelchairs, walking aids, comfort seating, bathroom and daily living aids.

Independence Aids

39 Bussell Highway
Busselton WA 6280
Phone: 08 9754 4533
Fax: 08 9754 1438.
Email: klinik@compwest.net.au

Provides advice and can supply necessary equipment to enhance the quality of life.

Telstra Disability Equipment Program

Disability Enquiry Hotline
FREECALL: 1800 068 424 (Eastern Standard Time)

For people unable to use a standard telephone handset. A range of specialised telephone products are offered for rental to eligible customers to make using the phone easier.

RESPIRE SERVICES**Silver Chain Busselton**

58 West Street
Busselton WA 6280
Phone: 08 9754 2880
Mobile: 0427 982 476
Fax: 08 9752 3758
Email: jcarrico@silverchain.org.au
Web: www.silverchain.org.au

Assistance is available with household tasks and personal care. Volunteers are available to provide companionship and assistance with shopping and transport to appointments. A referral is required from a doctor, allied health professional or family carer.

William Carey Court Aged Care Facility

450 Bussell Highway
Busselton WA 6280
Phone: 08 9752 2073

Provides quality care for resident's with high and low care needs. An assessment by the Aged Care Assessment Team can be arranged by your general practitioner.

South West Rural Respite Services 24 hour service 7 days a week

Unit 2, 8-10 Prince Street

PO Box 952

Busselton WA 6280

Phone: 08 9751 1077

Mobile 0427 387 809

Fax: 08 9751 1088

Email: swrrs@carealot.com.au

Web: www.carealot.com.au

The South West Rural Respite Services is an in home respite service for primary carers of a range of individuals who care for: people with dementia; challenging behaviours; frail people; terminal illness and young people with a severe disability.

South West Emergency Care Inc

99 Victoria Street

Bunbury WA 6230

Phone: 08 9791 1335

Fax: 08 9791 3333

Email: swecc@bigpond.net.au

A home based emergency care service providing care of children in their own home. All families can use this service including support parents and parents with disabilities. Length of care is mainly short-term care and fees are based on family income and ability to pay.

Cape Care Strelley Grange Individual at Home Services Busselton, Capel and Dunsborough

52 - 54 Broadwater Boulevard

Busselton WA 6280

Phone: 08 9754 2406

Fax: 08 9754 2859

Web: www.capecare.com.au

Services provided for the aged - personal care, nursing care, domestic assistance, garden maintenance and an adult day centre Monday to Friday.

Cape Care Ray Village Aged Services Inc

20 Ray Avenue

Busselton WA 6280

Phone: 08 9750 2000

Fax: 08 9755 4696

Web: www.capecare.com.au

Provides total care for the frail or disabled elderly and high and low respite care within the nursing home and hostel for up to 9 weeks per person per year. An assessment is required from the Aged Care Assessment Team, which can be arranged by a doctor. Independent retirement units are also available for purchase.

Busselton Hospice

Craig Street

PO Box 5103

Busselton WA 6280

Phone: 08 9751 1642

Fax: 08 9751 1653

A community owned and funded facility providing palliative care, treatment and support to enable those living with terminal illness to enjoy optimal quality of life.

Busselton Childcare Centre

16 Peel Terrace

Busselton WA 6280

Phone: 08 9752 1706

Fax: 08 9754 2872

Provide childcare facilities for all children 6 weeks to 6 years old, including children with a disability.

The Nest Family Day Care Service and In-Home Childcare

Peel Terrace

Busselton WA 6280

Phone: 08 9752 4033

Fax: 08 9752 4772

Provides respite and childcare in a private home for children up to the age of 12 with a disability that are from a referral

ACTIV Foundation

6 / 8-10 Prince Street

Busselton WA 6230

Phone: 08 9754 2547

Fax: 08 9754 2521

ACTIV provide a group home for people with a developmental disability. A visiting support service is available and an alternative employment program is available.

ACTIV Foundation

23 Sampson Road

Bunbury WA 6230

Phone: 08 9791 3456

Fax: 08 9721 6018

Have two facilities that provide limited respite for people with a developmental disability.

Morrissey Homestead Day Respite Centre

123 South Western Highway

Bunbury WA 6230

Phone: 08 9725 4699

Fax: 08 9725 6106

Email: info@mhi.org.au

Provides a day centre respite service for people with physical disabilities and delivers a diverse range of artistic, recreational and sporting activities.

South West Family Support Association

42 Forrest Avenue

P O Box 6224

South Bunbury WA 6230

Phone: 08 9792 7500

Fax: 08 9791 2776

Provide individualised support to people with disabilities and their families. Clients receive assistance to live independently in their own homes and to enhance their community participation. SWFSA has respite funding available and a fully accessible respite house in Busselton.

Kids Camp: Camps for Students with an Intellectual Disability Inc

City West Lotteries House

2 Delhi Street

West Perth WA 6005

Phone: 08 9420 7247

Fax: 08 9420 7248

Web: www.kidscamps.org.au

Regular camps arranged for children with intellectual disabilities who live at home, can walk unassisted and are of school age.

Camp Quality

PO Box 8106

Subiaco East WA 6904

Phone: 08 9388 8533

Fax: 9388 9144

Web: www.campquality.org.au

An organisation committed to bringing hope and happiness to every child living with cancer, their families and communities, through ongoing quality recreational, educational and financial support programs that are held on a regular basis.

Intework Inc.

PO Box 5284

Busselton West WA 6280

Phone: 0407 170 766

Email: southwest@intework.org

Offers an alternative to employment program for adults with a disability and also offers daytime respite.

SENIORS SOCIAL AND RECREATIONAL CENTRES & ACTIVITIES**Cape Care Strelley Grange Individual at Home Services Busselton, Capel and Dunsborough**

52 - 54 Broadwater Boulevard

Busselton WA 6280

Phone: 08 9754 2406

Fax: 08 9754 2859

Web: www.capecare.com.au

Services provided for the aged - personal care, nursing care, domestic assistance, garden maintenance and an adult day centre Monday to Friday.

Busselton Senior Citizens Centre

22 Peel Terrace

Busselton WA 6280

Phone: 08 9752 2232

Fax: 08 9751 2223

Email: bssc@westnet.com.au

Web: www.bsnsencitz.com

Provides social, recreational and education programs including table tennis, boot scooting, bingo, book club, computing, cards and other services including dining or take away meals, hairdressing salon and library.

Friday Morning Craft and Friendship Group

Uniting Church

47 Kent Street

Busselton WA 6280

Phone: 08 9752 3304 or 9752 4191

A group that meets on Fridays between 9.00 and 11.00am and encourages friendship and laughter while learning and sharing ideas on handicrafts.

Busselton Pensioners Social Club Inc.

6 Darter St

Busselton WA 6280

Phone: 08 9754 3460

Offer fun, laughter and friendship for the elderly.

Busselton Probus

Mr McGeachen
Unit 1, 14 Huntingdale Close
Busselton WA 6280
Phone: 08 9752 4983
A retired, professional businessmen's group

Zonta Club of Dunsborough

PO Box 141
Dunsborough WA 6281
Phone: 08 9756 7866
Mobile: 0417 772 585
This is an International service organisation that aims to advance the status of women worldwide. Members volunteer their time, talents and money to local and international service programs as well as scholarship and award programs aimed at furthering women's education, leadership and youth development.

Busselton Learning and Friendship Group

St Mary's Family Centre
Queen Street
Busselton WA 6280
Phone: 08 9751 1726
Provides a great way to make new friends and learn.

Naturaliste Community Centre

Dunsborough Lakes Drive
Dunsborough WA
Phone: 08 9755 3966
Fax: 08 9755 3788
Email: ncc@busselton.wa.gov.au
Web: www.busselton.wa.gov.au
An accessible multi purpose facility that provide a range of community services including town library, toy library, child health clinic, after-school and vacation care. A range of leisure programs, including exercise classes for the Over 50s are also offered.

Geographe Leisure Centre

Recreation Lane (off Queen Elizabeth Avenue)
Busselton WA 6280
Phone: 08 9754 3600
Fax: 08 9754 4988
Email: glc@busselton.wa.gov.au
Web: www.busselton.wa.gov.au
An accessible multi purpose facility that provide a range of services including a gym, spa, steam room and pool with features that include family and disabled change rooms and easy access steps and ladders in the pool area. A range of leisure programs, including exercise classes for the Over 50s are also offered.

Busselton Library

Stanley Street
Busselton WA 6280
Phone: 08 9754 1588
Fax: 08 9754 2201
Email: library@busselton.wa.gov.au
Web: www.busselton.wa.gov.au
Provide resources including large print books, talking books, periodicals, videos, CD ROMs, material in languages other than English, holiday programs, internet access and a service that brings the Library to your own home.

Dunsborough Library

Dunsborough Lakes Drive

Dunsborough WA 6281

Phone: 08 9756 7111

Fax: 08 9756 7160

Email: dunslib@busselton.wa.gov.au

Web: www.busselton.wa.gov.au

Storytelling, large print books, CD ROMs and internet access

Telecross

Phone: 08 9726 6708

Telecross is aimed at providing a friendly telephone call to people living alone, people who are socially isolated or who are disadvantaged by ill-health. Call can be made between 7.30 - 9.30am.

NICAN

Phone: 02 6241 1220

Fax: 02 6241 1224

Web: www.nican.com.au

Provides a free national information service and a database on recreation, tourism, sport and arts programs, activities and services for people with disabilities

Busselton Saturday Club

8-10 Prince St

PO BOX 810

Busselton WA 6280

Phone: 08 9754 2547

Fax 08 9754 2521

Web: www.activ.asn.au

A HACC funded service that offers a range of recreation, socialisation options for people with disabilities.

Living Longer Living Stronger program

A progressive strength training program that encourages and supports changes in the health and fitness sectors to achieve outcomes of improved health, quality of life and fitness amongst people aged over 50 years. The program design seeks to maximise opportunities for older people to engage in affordable, high quality, results oriented, strength training programs over the longer term in addition providing conditions for social engagement of participants

Fitzone – Busselton

13A Cook Street

Busselton WA 6280

Ph: 08 9754 1913

SUPPORT SERVICES

ADVOCACY

Advocacy South West Inc.

32 Wittenoom Street
PO Box 295
Bunbury WA 6231
Phone: 08 9791 3293 or 08 97913482
Mobile: 0437 201 500
Fax: 08 9791 3361
Email: admin@advocacysw.org.au
Web: www.advocacysouthwest.org.au

Provides one to one issue based advocacy and promotes self-advocacy for people with an intellectual / learning disability by empowering them through programmes, activities and self-development.

Advocacy South West Outreach Service

Environment Centre
23 Prince Street
Busselton WA 6280
Phone: 08 9791 3293
Fax: 08 9791 3361
Mobile: 0437 201 500
Email: ray.ladzinski@advocacysouthwest.org.au

A regular service to Busselton (will visit other locations on an as needed basis) providing individual advocacy of the rights and interests of people with disabilities or mental health issues.

Advocare Inc

1/190 Abernathy Road
Belmont WA 6104
Phone: 08 9479 7566
FREECALL: 1800 655 566
Fax: 08 9479 7599
Email: rights@advocare.org.au
Web: www.advocare.org.au

An independent advocacy agency which advocates and protects the rights and best interests of people living in aged care facilities, people receiving community care services and people not currently receiving these services but who are eligible for them.

FAMILY CENTRES

Busselton Family Centre Inc.

19 – 21 Kent Street
Busselton WA 6280
Phone: 08 9752 3550
Fax: 08 9752 3550
Mob: 0407 980 269

Centre provides a wide range of programs and services for individuals and families, including infant health, playgroups and art and craft sessions. Rooms, suitable for meetings, seminars and birthday parties, are available for hire at low rates.

Busselton Child Health Centre

Kevin Cullen Community Health Centre
Mill Road
Busselton WA 6280
Phone: 08 9754 0614

Services provided by registered nurses in partnership with parents and carers of babies and young children up to the age of 4 years. Assess children's health and development as well as provide information about many aspects of parenting, maternal and family health and healthy lifestyles.

Kent Street Child Health Clinic

Busselton Family Centre
19 - 21 Kent Street
Busselton WA 6280
Phone: 08 9752 1935

Services provided by registered nurses in partnership with parents and carers of babies and young children up to the age of 4 years. Assess children's health and development as well as provide information about many aspects of parenting, maternal and family health and healthy lifestyles.

Dunsborough Child Health Centre

Naturaliste Community Centre
Dunsborough WA 6281
Phone: 08 9756 8386

Services provided by registered nurses in partnership with parents and carers of babies and young children up to the age of 4 years. Assess children's health and development as well as provide information about many aspects of parenting, maternal and family health and healthy lifestyles.

HEALTH SUPPORT GROUPS

Association for the Blind South West Regional Office

Lotteries House
Corner of Wellington and Victoria Street
Bunbury WA 6230
Phone: 08 9791 3200
Fax: 08 9791 3333
Email: tomb@guidedogswa.com.au or ailsah@guidedogswa.com.au

Provide a comprehensive range of domiciliary services to people of all ages who are blind or vision-impaired.

Cancer Foundation of WA

Plaza Street
Bunbury WA 6230
Phone: 08 9791 1464
CANCER HELPLINE: 13 1120 (8am - 8pm Monday - Friday)
Email: swsupport@westnet.com.au

Provide education and information on all cancer issues, support for cancer patients, their families and carers as well as accommodation in Perth when undergoing treatment.

Busselton Cancer Council Coordinator

1 / 12 Prince Street
Busselton WA 6230
Phone: 08 9751 2762

Provide emotional and practical support for people living with cancer, available Monday and Tuesday.

Geographe Parkinson's Group

Ross Waring
Phone: 0412 518 036
Web: www.parkinsonswa.org.au

Provides support to people with Parkinson's and their carers.

Continence Advisory Service

P O Box 719

Nedlands WA 6909

Phone: 08 9386 9777

FREECALL: 1800 814 925

Fax: 08 9389 8001

Web: www.continencewa.org.au

Offer a confidential phone helpline to assist people, from all age groups, with counselling, resources and product information.

Diabetic Clinic

Silver Chain Busselton

58 West Street

Busselton WA 6280

Phone: 08 9754 2880

Mobile: 0427 982 476

Fax: 08 9752 3758

Email: jcarrico@silverchain.org.au

Web: www.silverchain.org.au

Provide education or information about diabetes management to individuals. A trained Diabetics Educator is available 3 days a week at the Busselton office (appointments are necessary.)

Heart Foundation Australia

C/- Bunbury WA Community Health Centre

Hudson Road

Bunbury WA 6230

Phone: 08 9795 8470

Fax: 08 9795 7062

Provides an education and information service on all heart health issues and implements physical activity programs.

Multiple Sclerosis Society

PO Box 1005

Busselton WA 6280

Phone: 08 9754 2810

Mobile: 0408 952 363

Fax: 08 9754 2810

Provide support, assessment and education to members and families living with multiple sclerosis as well as Immunotherapy training.

Muscular Dystrophy Association

Phone: 08 9382 2700

Provides support to people with muscular dystrophy or neuro-muscular diseases.

Neurological Council of Western Australia Inc

Community Neurological Nurse

PO Box 639

Bunbury WA 6231

Phone: 08 9792 4073

Fax: 08 9791 7624

Mobile: 0437 424 073

Email: adminsw@ncwa.com.au

The Community Neurological Nurse Service is funded by HACC Program. It is a free service to clients and a doctor's referral is not necessary. The neurological nurse can liaise with and refer clients to respite services

Western Australian Deaf Society Inc. Bunbury WA Regional Office

2 Eliot Street

Bunbury WA 6230

Phone: 08 9791 8032

Fax: 08 9791 8034

Email: wadeafbunbury@wadeaf.org.au

Provide information, access to technology, interpreting services, community services, employment services and deafness awareness training.

MENTAL HEALTH

Community Mental Health Services – Lower South West

18 West Street

Busselton WA 6280

Provide assessment and treatment for children, adolescents and adults suffering from a serious mental illness. Treatment is provided by a multi disciplinary team, including a Consultant Psychiatrist.

Referral and initial assessment for ADULTS to the Community Mental Health Service occurs through South West 24, a 24 / 7 telehealth initiative 1800 555 338. Referral for Children and Adolescent Mental Health occurs through phoning 08 9754 0560

GP Down South Counselling Service

Provide funding to access Allied Mental Health Practitioners whom are registered with the federally funded Better Outcomes in Mental Health. Clients must be referred by a GP to qualify for six sessions of free counselling. For more information please contact GP Down South on 08 9754 3662.

LAMP

26 Brown Street

PO Box 5056

Busselton WA 6280

Phone: 08 9754 1834

Fax: 08 9754 1836

Email: lampinc@westnet.com.au

Provides support services for people with mental health problems who are living at home. Also helps facilitate leisure and recreational activities.

Depression Support Group - Caring Friends

47 Kent Street

Busselton WA 6280

Office Phone / Fax: 08 9751 5866

Bob: 08 9755 4021

Email: caringfriends@westnet.com.au

Provides workshops and support to overcome and remain well from depression and anxiety. Open Wednesdays 10am - 4pm.

ARAFMI Rural Mental Health Carer and Friends Association

FREECALL: 1800 811 747

Email: arafmi@arafmi.asn.au

Web: www.arafmi.asn.au

Provide support and counselling to families and carers in rural areas.

SUPPORT ORGANISATIONS

South West Women's Health & Information Centre

19 Fielder Street
PO Box 6049
Bunbury WA 6230
Phone: 08 9791 3350
FREECALL: 1800 673 350
Fax: 08 9791 1810
Email: swwhic@swwhic.com.au

Services cover the South West region offering a holistic approach to empowering women to care for the health and well being through a range of services including library resources, well women's clinics, counselling, unplanned pregnancy counselling service and project based health promotion activities.

Resource Unit for Children with Special Needs Inc

5 Carson Road
Malaga WA 6090
Phone: 08 9249 4333
Fax: 08 9249 4366
Email: inclusion@rucsns.org.au
Web: www.rucsns.org.au

Facilitate the inclusion of children with additional needs in Child Care in Western Australia. Resources and training are provided to help caregivers, parents, families and students to understand the needs of children with a wide range of additional needs. 'Additional needs' refers to children from a Culturally and Linguistically Diverse background (CALD), Aboriginal and Torres Strait Islander children, South Sea Islander children and children with disabilities and special needs.

Nurture Works Build Up Zone

St Marys Community Care Centre
PO Box 684
Busselton WA 6280
Phone: 08 97512435
Email: buz@buildupzone.com
Web: www.buildupzone.com

A broad range of support programs for children and families promoting resilience based skills in a fun, non-threatening learning environment. Programs are offered to schools and community based groups.

South West Counselling

122 Adelaide Street
Busselton WA 6280
Phone: 08 9754 2052
Fax: 08 9754 7000

Provide counselling for issues such as personal growth, grief, stress, depression, family and relationship issues.

South West People Care

182 Kalgup Road
Busselton WA 6230
Phone: 08 9753 1293
Mobile: 0447 237 695
Email: swpc1@bigpond.com.au

Provide individual, child, family and sexual counselling service at a low cost.

Al-Anon Family Group

Busselton
Phone: 08 9754 8242

A group that meets to provides support to families and friends of alcoholics.

Lymphoma Support

Busselton

Phone: 08 9754 8242

Offers support and resources such as key contacts for people with Lymphoma.

MATES

PO Box 176

Busselton WA 6230

Phone / Fax: 08 9752 3217

Mobile: 0439 939 440

Email: easymates2004@yahoo.com

Offering courses, a support network, referrals and a resource centre to help men improve relationships with their partners and children and works with men who are offenders or victims of domestic violence.

ASWA Reconnect Program

67 Kent Street

Busselton WA 6280

Phone: 08 9752 2855

Fax: 08 9754 4922

Email: swyfsreconnect@aswa.org.au

Reconnect is a non-government, community-based federally funded program funded by the Department of Family and Community Services. This program provides an aiming to provide early intervention service to for young people aged 12 – 18 yrs and their families to assist in the prevention of early home leaving and where the young people is at risk of homelessness

TRANSPORT***Busselton Taxis Pty Ltd***

FREECALL 13 1008

A multi-purpose taxi is available that can hold a wheelchair and most sized gophers by telephoning and making a booking.

ACROD Parking Program

Unit 1 / 59 Walters Drive

Osborne Park WA 6280

Phone: 08 9242 5544

Fax: 08 9242 5044

Email: ndswa@nds.org.au

Web: www.app.org.au

This program issues permits to people who cannot access regular parking either as a passenger or driver because of their functional mobility limitations.

BESS Busselton Home and Community Care

24 Kent Street

PO Box 5142

Busselton WA 6280

Phone: 08 9754 4716

Fax: 08 9754 3237

Email: operations@bess.org.au

Transport for HACC eligible people in the Shire of Busselton to Bunbury and Perth. 'Meals on Wheels' is available to HACC eligible clients at a small fee. Provide home maintenance and domestic assistance for frail, aged and people with a disability and their carers.

South West Coach Lines

39 Albert Street

Busselton WA 6280

Phone: 08 9754 1666

Provide daily transport from the Southwest to Perth metropolitan area.

Patients' Assisted Travel Scheme (PATS)

Busselton Hospital

Mill Road

Busselton WA 6280

Phone: 08 9754 0333

Fax: 08 9752 1115

Provides financial assistance to people living outside the metropolitan area who have to travel more than 100km (one-way) to obtain essential specialist medical treatment which is not available locally or from a visiting specialist.

INDIGENOUS & MULTICULTURAL SERVICES

Advocare Inc.

1 / 190 Abernathy Road
Belmont WA 6104
Phone: 08 9479 7566
FREECALL: 1800 655 566
Website: www.advocare.org.au

Advocates and protects the rights and best interests of people living in aged care facilities, people receiving community care services and people not currently receiving these services who are eligible.

Koorlangka Community Centre Inc.

10 / 3 Webb Street
Phone/fax: 08 9754 4794

Assists and supports Noongar youth, children and families with capacity building to achieve self respect, accept responsibility and develop spiritual and cultural well being, by providing sporting, educational and cultural activities in an on going productive way.

South West Aboriginal Medical Services (SWAMS)

SWAMS Clinic
Bunbury Health Campus
Corner Bussell Highway and Robertson Drive
Bunbury WA 6230
Phone: 08 9791 7666
FREECALL: 1800 779 000
Fax: 08 9791 7655
Email: clinic@swams.com.au

Doctors, health workers, social workers and nurses provide medical services at the Health Campus. Transport or in-home care and assistance within the South West can be provided and referrals to other agencies can be arranged.

Adult Migrant English Services

Busselton Senior Citizens Centre
22 Peel Terrace
Busselton WA 6280
Phone: 08 9267 7335

Classes are held weekly at the Busselton Senior Citizens especially for recently arrived migrants.

South West Migrant and Multicultural Service

Shop 8 Walker Arcade
22 Stirling Street
Bunbury WA 6230
Phone / Fax: 08 9791 5271
Email swmms@bigpond.net.au

Provide settlement services, including information, referral and advocacy for recently arrived refugee and humanitarian entrants as well as eligible family stream migrants and the dependants of skilled migrants with low English proficiency in the South West region.

Aboriginal Alternative Dispute Resolution Service

141 St Georges Terrace
Perth WA 6000
Phone: 08 9264 6150
FREECALL: 1800 045 577
Fax: 08 9264 6151

Web: www.justice.wa.gov.au

Offer a private, safe and confidential service to help settle disputes and conflicts by reaching mutually satisfying agreements using mediation, negotiation, conciliation and facilitation processes.

EMPLOYMENT, LEGAL & FINANCIAL SERVICES

EMPLOYMENT

Forrest Personnel

58 Bussel Highway
Busselton WA 6280
Phone: 08 9754 1233
Fax: 08 9751 2382

Specialises in employment for people with special needs including rehab, disabilities and learning difficulties; works one on one with people to give skills to become independent in open employment.

CRS Australia

17 Symmons Street
Bunbury WA 6231
Phone: 08 9729 7111
Fax: 08 9729 7110
Web: www.crsaaustralia.gov.au

Helps people with a disability, injury or health condition in the 14 to 65 year age group to gain and stay in permanent employment.

Jobfind Centres Australia

Unit 5, 38 – 44 Albert Street
Busselton WA 6230
Phone: 08 9781 1000
Fax: 08 9781 1099
Email: lynette.sleight@jobfindcentre.com.au

Assists people by partnering them into work, working with people to set employment goals and to plan to achieve them. Also assists with work experience action plans and to provide work experience insurance cover for registered jobseekers.

ACTIV Foundation

6 / 8-10 Prince Street
Busselton WA 6230
Phone: 08 9754 2547
Fax: 08 9754 2521

ACTIV provide a group home for people with a developmental disability. A visiting support service is available and an alternative employment program is available.

Intework Inc.

PO Box 5284
Busselton West WA 6280
Phone: 0407 170 766
Email: southwest@intework.org

Offers an alternative to employment program for adults with a disability and also offers daytime respite.

FINANCIAL SERVICES

Pension Planning Service

7 Cross Street
PO Box 2041
Bunbury WA 6231
Phone: 08 9791 6657
Mobile: 0419 943 868
Email: penplan@bigpond.net.au

Provide assistance with Centrelink forms and processes fees that apply.

Department for Child Protection

Suites 7, 8 and 9, 8-10 Prince Street
PO Box 223
Busselton WA 6280
Phone: 08 9752 3666
Fax: 08 9752 1519

Financial assistance may be provided to individuals or families experiencing financial hardship.

Anglicare Financial Counselling Service

St Mary's Centre
119–121 Queen Street
Busselton WA 6280
Phone: 08 9754 1858
Fax: 08 9754 3127
Email: fc.busselton@anglicarewa.org.au

Provide free information and options about possible ways of dealing with financial problems. E.g. loan guarantors, credit cards, reverse mortgages.

Centrelink Customer Service Centre

28–30 Queen St
Busselton 6280
FREECALL: 13 2717 (Disability, Sickness and Carers)
Fax: 08 9792 8899
Web: www.centrelink.gov.au

Centrelink is a government agency delivering a range of Commonwealth services to the Australian community. Services include pensions, case work and employment assistance.

LEGAL MATTERS

Office of the Public Advocate

Level 1, Hyatt Centre
20 Terrace Road
East Perth WA 6004
FREECALL: 1800 858 455
Fax: 08 9278 7333
Web: www.justice.wa.gov.au

Assist in protecting the rights of people who are not able to make reasoned decisions because of dementia, intellectual disability, mental illness or acquired brain injury.

Citizens Advice Bureau

5 Queen Street
Busselton WA 6280
Phone: 08 9751 1199
Fax: 08 9752 1764
Email: Busselton@cabwa.com.au

Offers mediation, conciliation and facilitation services as well as legal advice and assistance with wills, power of attorney and some family court documents.

Legal Aid Commission of WA

141 Victoria Street
Bunbury WA 6230
Phone: 08 9721 2277
Fax: 08 9721 2060

Provides ongoing legal assistance for eligible low-income earners and also offers an outreach service throughout the South West, available by appointment.

Bunbury WA Community Legal Centre

101 Victoria Street

Bunbury WA 6230

Phone: 08 9791 3206

FREECALL: 1800 999 727

Fax: 08 9791 8162.

Email: bunburyclc@westnet.com.au

Based in Bunbury but provides an outreach weekly service to Busselton on Mondays. Provide advice and assistance for custodial and non-custodial parents experiencing problems with child support, as well as offering preliminary advice for general legal matters.

Family Court of Western Australia

150 Terrace Road

Perth WA 6000

Phone: 08 9224 8222

FREECALL: 1800 199 228

The court deals with family law disputes, particularly: divorce, issues relating to children, maintenance and property.

Advocare Abuse Prevention Program

Unit 1 Byblos House

190 Abernathy Road

Belmont WA 6104

Phone: 08 9479 7566

FREECALL: 1800 655 566

Email: rights@advocare.org.au

Web: www.advocare.org.au

Support older people who are being abused, or are at risk of being abused by someone who they are in a relationship of trust with, such as family and friends.

CRISIS, SHORT AND LONG TERM ACCOMMODATION

ACCOMMODATION OPTIONS AND SERVICES

Shire of Busselton Community Housing for seniors

Southern Drive
Busselton WA 6280
Phone: 08 9781 0381
Fax: 08 9752 4958
Email: shire@busselton.wa.gov.au
Web: www.busselton.wa.gov.au

A joint venture of the Shire of Busselton and Homeswest seeking to provide affordable housing for seniors who are on a low income, do not own property and are not in a position to purchase their own home. Seniors apply by completing an application form available from the Shire Office.

Cape Care Ray Village

20 Ray Avenue
Busselton WA 6280
Phone: 08 9750 2000
Fax: 08 9755 4696
Email: www.capecare.com.au

William Carey Court

450 Bussell Highway
Broadwater WA 6280
Phone: 08 9752 2073
Fax: 08 9752 2144

Nova Care Village

502 Bussell Highway
Broadwater WA 6280
Phone: 08 9751 1466
Email: village@novacare.com.au
Web: www.novacare.com.au

Activ Busselton Accommodation Services

8-10 Prince St
Busselton WA 6280
Phone: 08 9754 2547
Fax 08 9754 2521
Web: www.activ.asn.au

Provides accommodation support for adults with an intellectual disability and is also a point of contact for Busselton Saturday Club and an Alternative to Employment Program.

Masonic Lodge Units

William Drive
Busselton WA 6280
Phone: 08 9409 2322 (head office)

Accommodation Support for People with Disabilities

PO Box 441
West Perth WA 6872
Phone: 08 9426 9200
Fax: 08 9481 5223
Web: www.disability.wa.gov.au

Funds are available to assist people in critical need of accommodation support services.

Department of Housing and Works

Suite 4, 8 – 10 Prince Street

Busselton WA 6280

Phone: 08 9752 4388

Fax: 08 9752 2140

Email: busselton@dhw.wa.gov.au

Web: www.dha.wa.gov.au

The Department of Housing and Works provides rental accommodation for individuals and families on low to moderate incomes. Assistance is available to help people access private rental housing by providing interest free loans for bond assistance.

Bunbury Housing Association

99 Victoria Street

Bunbury WA 6230

Phone: 08 9791 5438

Fax: 08 9791 3333

Email: bhainc@bigpond.net.au

Web: www.bunburyhousingaasoc.org.au

Provides long term housing for low income disadvantaged people, additionally a boarding house provides accommodation for single men.

EMERGENCY RELIEF AND ACCOMMODATION

MATES

PO Box 176

Busselton WA 6230

Phone / Fax: 08 9752 3217

Mobile: 0439 939 446

Email: easymates2004@yahoo.com

Offering courses, a support network, referrals and a resource centre to help men improve relationships with their partners and children and works with men who are offenders or victims of domestic violence.

St Vincent De Paul

20 Peel Terrace

PO Box 521

Busselton WA 6280

Phone: 08 9752 4325

Fax: 08 9752 3481

Services include an op shop (second hand clothing, bric brac and furniture) and emergency relief with food and furniture for the community.

Salvation Army Bunbury Family Crisis Centre

Church

Corner Timperley Road and Blair Street

Bunbury WA 6230

Phone: 08 9791 5200

Fax: 08 9791 5206

Welfare Office

70 Timperley Road

Bunbury WA 6230

Phone: 08 9721 4519

Fax: 08 9791 1389

Web: www.salvationarmy.org

Crisis and short term accommodation and support for families.

South West Refuge 24 hr access/ 7 days

PO Box 1016

Bunbury WA 6231

Phone: 08 9791 2894

Fax: 08 9791 2376

Email: swr@swrefuge.com.au

Web: www.swrefuge.com.au

Short term emergency crisis accommodation for women in domestic violence related crisis.

MEDICAL SERVICES

CHEMIST

Broadwater Pharmacy open 7 days a week

Shop 8 Broadwater Shopping Centre
Bussell Highway
Busselton WA 6280
Phone: 08 9754 2626
Fax: 08 9754 2421
Email: bwpharm@westnet.com.au

Chemmart Central Pharmacy

Shop 5, Busselton Central Shopping Centre
Prince Street
Busselton WA 6280
Phone: 08 9752 1824
After Hours Emergency: 08 9752 4635
Fax: 08 9754 4275
Email: chemmartbusselton@westnet.com.au
Diabetes Australia Sub Centre

Amcal Pharmacy

Boulevard Shopping Centre
Prince Street
Busselton WA 6280
Phone: 08 9752 4200
Mobile: 0427712820
Fax: 08 9752 4148
Email: amcalbsn@westnet.com.au

Busselton Healthsense Pharmacy

Coles Shopping Complex
Kent Street
Busselton WA 6280
Phone: 08 9752 1879
Fax: 08 9754 7393
Email: health@swisp.net.au

West Busselton Pharmacy open 7 days a week

170 Bussell Highway
Busselton WA 6280
Phone: 08 9754 2922
Fax: 08 9754 2766

Dunsborough Pharmacy

Shop 16 – 18
Dunsborough Centre Point Shopping Centre
55 Dunns Bay Road
Dunsborough, WA 6281
Phone: 08 9755 3272
Fax: 08 9759 1470

COMMUNITY HEALTH CENTRES

The State Government provides a wide range of health support services through Community Health Centres such as child health and development, school, community and women's health.

Naturaliste Community Health Services

Kevin Cullen Community Health Centre

Mill Road

Busselton WA 6280

Phone: 08 9754 0666

Fax: 08 9754 0644

Promotes health and prevents illness by providing a variety of services to address individual, social, economic and environmental issues that impact on the health of our community. Services available include:

- Dieticians
- Occupational Therapy
- Physiotherapy
- Podiatry
- Social Work
- Speech Pathology
- Regional Therapy team for clients with disabilities
- Community Health Nurses, comprising the areas of Child Health, School Health, Immunisation, Continence and Enuresis Nurses.

Community Mental Health Services – Lower South West

18 West Street

Busselton WA 6280

Provide assessment and treatment for children, adolescents and adults suffering from a serious mental illness. Treatment is provided by a multi disciplinary team, including a Consultant Psychiatrist. Referral and initial assessment for ADULTS to the Community Mental Health Service occurs through South West 24, a 24 / 7 telehealth initiative on 1800 555 338.

Referral for Children and Adolescent Mental Health occurs through phoning 08 9754 0560.

COMMUNITY NURSES

Community Health Nurses provide information, education and support for families within the community across a range of areas including children, families and seniors.

Silver Chain Busselton

58 West Street

Busselton WA 6280

Phone: 08 9754 2880

Mobile: 0427 982 476

Fax: 08 9752 3758

Email: jcarrico@silverchain.org.au

Web: www.silverchain.org.au

Assistance is available with household tasks, personal care and wound care. Volunteers are available to provide companionship and assistance with shopping and transport to appointments. A referral is required from a doctor, allied health professional or family carer.

Child Health Centre

Busselton Family Centre

19 – 21 Kent Street

Busselton WA 6280

Phone: 08 9752 1935

Fax: 08 9751 4992

Centre provides a wide range of programs and services for family and children's health and development.

Busseton Child Health Centre

Kevin Cullen Community Health Centre
Locked Bag 4
Busseton WA 6280
Phone: 08 9754 0666
Fax: 08 9754 0644

Services provided by registered nurses in partnership with parents and carers of babies and young children up to the age of 4 years. Assess children's health and development as well as provide information about many aspects of parenting, maternal and family health and healthy lifestyles.

Dunsborough Child Health Clinic

Naturaliste Community Centre
Dunsborough WA 6281
Phone: 0409 089 709
Phone: 08 9756 8386

Services provided by registered nurses in partnership with parents and carers of babies and young children up to the age of 4 years. Assess children's health and development as well as provide information about many aspects of parenting, maternal and family health and healthy lifestyles.

DENTISTS

Dentists diagnose and treat oral disorders via preventive treatments repair. Dentists are trained to treat teeth, gums and soft tissues of the mouth, and can carry out a range of oral surgical procedures.

Busseton Government Dental Clinic

Community Health Centre
Mill Road
Locked bag 4
Busseton WA 6280
Phone: 08 9754 3800
Fax: 08 9751 5897

Busseton Dental Clinic

69 Duchess Street
Busseton WA 6280
Phone: 08 9754 1366
Fax: 08 9754 1359

Dr Alex McCormack

Bussell Highway Dental Clinic

22 Bussell Highway
Busseton WA 6280
Phone: 08 9752 1311
Fax: 08 9752 1763

Dan O'Leary

Dunsborough Dental Centre

Suite 5 -234 Naturaliste Terrace
Dunsborough WA 6281
Phone: 08 9755 3684

D.J Thompson Dental Laboratories

39 Queen Street next to Red Cross
Busseton WA 6280
Phone: 08 9752 3943

Dentures available for pensioners through the dental health service

Busselton Dental Therapy Unit
West Busselton Primary School
Busselton WA 6280
Phone: 08 9754 4460

Busselton Dental Clinic
Duchess Street Medical Centre
69 Duchess Street
Busselton WA 6280
Phone: 08 9754 1366
Fax: 08 9754 1359

Tim Mesga Orthodontics
96 Bussell Hwy
Busselton WA 6280
Phone: 08 9754 2063
Fax: 08 9754 2063

Dr Ben Hedley
West End Dental Clinic
232 Bussell Highway
Busselton WA 6280
Ph: 9751 2266

HOSPITALS

Bunbury Hospital
Cnr Bussell Highway & Robertson Drive
PO Box 5301
Bunbury WA 6230
Phone: 08 9722 1000
Fax: 08 9722 1017

St John of God Hospital, Bunbury
Cnr Bussell Highway & Robertson Drive
PO Box 5007
Bunbury WA 6230
Phone: 08 9722 1600
Fax: 08 9722 1650

Busselton District Hospital
Mill Road
Locked Bag 3
Busselton WA 6280
Phone: 08 9754 0333
Fax: 08 9752 1115

VISITING MEDICAL SPECIALIST

Dunsborough Medical Centre
Dunn Bay Road
Dunsborough WA 6281
Phone: 08 9756 8600
Fax: 08 9755 3678

Visiting Specialists: Dr Con Anastas, Ophthalmologist
Dr Dermot Collopy, Orthopaedic Surgeon
Dr Randle Hendrik, Cardiologist

Duchess Medical Practice

69 Duchess Street
Busselton WA 6280
Phone: 08 9752 4122
Fax: 08 9386 3015

Visiting Specialists: Dr Craig Smith, Plastic Surgeon / Hand Surgeon
Jillian Thompson, Diabetes Educator

Busselton Specialist Medical Centre

85 Bussell Highway
Busselton WA 6280
Phone: 08 9754 1277
Fax: 08 9754 1632

Specialist (on staff) Dr Antony Beeley, General Surgeon
Visiting Specialists Dr Mark Hands, Cardiologist
Dr Ken Wylie, Audiometrist
Dr Diane Mohen, Gynaecologist
Dr Paul Graziotti, Pain Management
Dr Sam Febbo, Psychiatry

Busselton Hospital

Mill Road
Busselton WA 6280
Phone: 08: 9754 0333
Fax: 08 9752 3968

Visiting Specialist: Australian Hearing
Dr A Stewart, Ophthalmology
Dr P Hanrahan, Rheumatology

Prince Street Clinic

12 Prince Street
Busselton WA 6280
Phone: 08 9752 3055

Visiting Specialist: Dr S Chapman, Urology
Dr M Pether, Urology
Dr A Chong, Orthopaedic
Dr H Stock, Orthopaedic
Dr C Low, Ophthalmology
Dr A Jackson, Ophthalmology
Dr P Hayworth, Ophthalmology

MEDICAL SURGERIES

Busselton Medical Practice

21 Albert Street
Busselton WA 6280
Phone: 08 9752 1133

Duchess Medical Practice

69 Duchess Street
Busselton WA 6280
Phone: 08 9752 4122

Kent Street Surgery

16 Kent Street
Busselton WA 6280
Phone: 08 9752 4688

Broadwater Medical Centre

Cnr Bussell Highway & Broadwater Boulevard
Busselton WA 6280
Phone: 08 9754 3700

Dunsborough Medical Centre

Seymour House, Dunn Bay Road
Dunsborough WA 6281
Phone: 08 9756 8600

Cape Naturaliste Medical Centre

32 Gifford Road
Dunsborough WA 6281
Phone: 08 9756 8999

Dunn Bay Surgery

33 Chieftain Crescent
Dunsborough WA 6281
Phone: 08 9759 1500

PALLIATIVE CARE

Palliative care, also called comfort care, is primarily directed at providing relief to a terminally ill person through symptom management and pain management. The goal is not to cure, but to provide comfort and maintain the highest possible quality of life for as long as life remains.

Busselton Hospice

Craig Street
PO Box 5103
Busselton WA 6280
Phone: 08 9751 1642
Fax: 08 9751 1653

Provide palliative care, treatment and support to enable those living with terminal illness to enjoy optimal quality of life.

Silver Chain Busselton

58 West Street
Busselton WA 6280
Phone: 08 9754 2880
Mobile: 0427 982 476
Fax: 08 9752 3758
Email: jcarrico@silverchain.org.au
Web: www.silverchain.org.au

Assistance is available with household tasks and personal care. Volunteers are available to provide companionship and assistance with shopping and transport to appointments. A referral is required from a doctor, allied health professional or family carer.

ALLIED HEALTH SERVICES

ACUPUNCTURIST

Acupuncture is part of traditional Chinese medicine and dates back thousands of years. It involves inserting fine needles into specific points on the skin or applying various other techniques to the acupuncture points to bring about healing. Acupuncture is effective in treating a range of disorders including: digestive, anxiety, depression, chronic fatigue syndrome, smoking, obesity, stress, tiredness, back pain, asthma, bronchitis and high blood pressure.

Daryl Johnson Acupuncture

Prince Street Clinic
Busselton WA 6280
Phone: 08 9753 2245

John Ross Acupuncture

12 Fairbairn Road
Busselton WA 6280
Phone: 08 9754 3546
Fax: 08 9754 4665
Email: jrtc@netserv.net.au
Web: www.netserv.net.au/jrtc

Dr Mostyn Hamdorf Acupuncture

Dunsborough Medical Centre
Dunn Bay Road
Dunsborough WA 6281
Phone: 08 9756 8600
Email: dmc1@dunmed.com.au

Margaret Guy Acupuncture

14 Jabiru Place
Busselton WA 6280
Phone: 08 9754 2542

DIETICIAN

A dietitian understands the role of food and nutrients in human health and disease. Dietitians work with people using education, counseling, advocacy and management.

Winning Edge Nutrition

73 Bussell Highway
Busselton WA 6280
Phone: 08 9756 8045

Also refer to Community Health Centres Section for this service

CHIROPRACTOR

Chiropractic is a primary healthcare profession concerned with the diagnosis, treatment and prevention of disorders of the musculoskeletal system and the effects of these disorders on the nervous system and general health.

Dr Stuart Saayman (Chiropractor)

Catherine Saayman (physiotherapist)

Naturaliste Chiropractic & Physiotherapy
Shop 13 Dunsborough Park Shopping Centre
Dunsborough WA 6281
Phone: 08 9756 7888

Dr Kate Roberts Chiropractic

Geographe Chiropractic
218 Bussel Highway
Busselton WA 6280
Phone: 08 9754 2877

Mackenzie Chiropractic Clinic

16 Prince St
Busselton WA 6280
Phone: 08 9754 8866

Liebenberg Henri Chiropractic

24 Kent Street
Busselton WA 6280
Phone: 08 9751 4088

HEARING SERVICES

Hearing specialists or Audiologists test hearing and diagnose hearing disorders. They are responsible for the non-medical management and rehabilitation of hearing loss and associated disorders of communication.

Australian Hearing

31 Victoria Street
Bunbury WA 6230
Phone: 08 9792 1200
FREECALL: 131797
Fax: 08 9721 9492

Free service to all children up to 21 years of age, all Aboriginal & Torres Strait Islanders aged 50 and over and CDEP participants, all age pensioners with a pensioner concession card and most veterans.

South West Audiology and Hearing Services

76 Gale Street
Busselton WA 6280
Phone: 08 9791 3700
Fax: 08 9791 2599
Email: hearing@southwesthearing.com.au

Hearing Life

Visiting Busselton, Bunbury and Collie monthly
Phone: 08 9284 1588
Fax: 08 9284 0522

HOMOEOPATH

Homeopathic medicines are made from a variety of sources, such as plants, animals and minerals. Homeopathy aims to treat the whole person, taking into account personality, lifestyle and hereditary factors as well as the history of the disease. Homeopath's treatment includes allergies, asthma, eczema, hay fever, headaches, respiratory infections and stress.

Busselton Homeopathic & Counselling Clinic

16 Bullock Court
Busselton WA 6280
Phone: 08 9754 1537

Gaye Maumill Homeopathy

Kent Street
Busselton WA 6280
Phone: 08 9752 4850

South West Holistic Health Centre

14 Jabiru Place
Busselton WA 6280
Phone: 08 9754 2542
Fax: 08 9754 2542
Mobile: 0407 984 000
Email: marg@compwest.com.au

NATUROPATH

Naturopathy is a system of healing that aims to provide holistic or whole body healthcare by drawing on treatment methods from several traditional systems of medicine. Naturopathy seeks to use the natural healing powers of the body to cure itself. It focuses on treating the cause of a disease rather than the symptoms themselves.

John Ross Naturopathy

12 Fairbairn Road
Busselton WA 6280
Phone: 08 9754 3546
Fax: 08 9754 4665
Email: jrtc@netserv.net.au

Craig Hitchens Naturopathy

Unit 15, 31 -33 Dunn Bay Road
Dunsborough WA 6281
Mobile: 0421 213 898

David Hopkins Naturopathy

83 Molloy Street
Busselton WA 6280
Phone: 08 9754 4588

Gaye Maumill Naturopathy

151 Kent Street
Busselton WA 6230
Phone: 08 9752 4850

OCCUPATIONAL THERAPIST

Occupational Therapists assist individuals to develop, recover, or maintain daily living and work skills. The goal of an Occupational Therapist is not only to help clients improve basic motor functions, cognitive and emotional abilities to return to these roles, but also to compensate for loss of function.

Alison Cunningham Occupational Therapy

PO Box 661
Busselton WA 6280
Phone: 08 9752 3537

Jeannie Davis Occupational Therapy

39 Bussell Highway
Busselton 6280
Phone: 08 9754 1404
Fax: 08 9754 1438

Also refer to Community Health Centres Section for this service

OPTOMETRISTS

Optometrists perform eye examinations and vision tests to determine the presence of visual and other problems relating to the eye, and prescribe lenses, other optical aids or therapy.

Specsavers Optometrists

Unit 1, 18 Prince Street
Busselton WA 6280
Phone: 08 9752 1644
FREECALL: 1800 641 644
Fax: 08 9752 4480
Email: nigeloptom@westnet.com.au

Mr B. The Optometrist - Busselton

Shop 1, Boulevard Shopping Centre
Prince Street
Busselton WA 6280
Phone: 08 9754 1441
Fax: 08 9752 4295.
Email: mrbbus@westnet.com.au

Mr B. The Optometrist - Dunsborough

1B Naturaliste Forum Shopping Centre
Dunsborough WA 6281
Phone: 08 9756 8384

Just Spectacles

Unit 3 / 50 Queen Street
Busselton WA 6230
Phone: 9751 2722
Pensioner discounts plus government rebate, free eye testing service through Medicare.

OPSM

Shop 2
64 Prince Street
Busselton WA 6280
Phone: 08 9754 4413
Fax: 08 9754 4416
Web: www.opsm.com

Western Australian Spectacles Subsidy Scheme

189 Royal Street
East Perth WA 6004
Phone: 08 9222 4222
Fax: 08 9222 4343

People who meet the eligibility criteria are entitled to a subsidy of 50 per cent on the cost of spectacles to a maximum of \$50 for any one set within a two year period.

OSTEOPATH

Osteopathy is a therapeutic system of diagnosis and treatment that uses precise manual techniques to restore function to the body.

Yvan Ducat Osteopathy

83 Molloy Street
Busselton WA 6280
Phone: 08 9754 4588
Fax: 08 9754 4577
Email: bocduc@netserv.net.au

Busselton Osteopathic Clinic

83 Molloy St
Busselton WA 6280
Phone: 08 9754 4588

PHYSIOTHERAPIST

The central aim of physiotherapy (physical therapy) is to restore proper functioning to the body. In the case of permanent disease or injury, the aim is to reduce the impact of the dysfunction as well as musculoskeletal injuries. *Physiotherapists can help a person to recover from surgery. Treatment options include a wide range of manual therapies, exercise programs and electrotherapy techniques, tailored to your specific condition. You don't need a doctor's referral*

Move Well Physiotherapy Busselton

76 Gale St
Busselton WA 6280
Phone: 08 9754 2667

Busselton Physiotherapist Centre

55 Bussell Highway
Busselton WA 6280
Phone: 08 9752 4174
Fax: 08 9751 2614
Email: bsnphysio@netserv.net.au

Bayside Physiotherapy

5A Bayside Shopping Centre
330 Marine Terrace
Busselton WA 6280
Phone: 08 9754 8288
Fax: 08 9754 8488

Busselton Physiotherapy

73 Bussell Highway
Busselton WA 6280
Phone: 08 9752 2851
Fax: 08 9752 2851

Duchess Physiotherapy Centre

Unit 1, 69 Duchess Street
Busselton WA 6280
Phone: **08 9751 5655**
Mobile: 0429 990 871
Fax: 08 9751 5644

Bodyworks Physiotherapy

66 Bussell Highway
Busselton WA 6280
Phone: 08 9754 6461
Fax: 08 9754 6463
Email: bwphysio@westnet.com.au

Ben Liston Physiotherapy

Seymour House
Dunn Bay Road
Dunsborough WA 6281
Phone: 08 9755 3600
Fax: 08 9755 3678

Also refer to Community Health Centres Section for this service

PODIATRIST

Podiatry is the profession that deals with conditions affecting the human foot. They treat minor problems, ingrown toenails as well as complex structural and functional abnormalities of the lower leg.

Jennifer Russell Podiatrist

66 Bussell Highway
PO Box 1200
Busselton WA 6280
Phone: 08 9754 6461
Mobile: 0417 099 723
Fax: 08 9754 6463
Email: bwphysio@westnet.com.au

Scott Colquhoun Podiatrist

Busselton Podiatry
73 Bussell Highway
Busselton WA 6280
Phone: 08 9752 4455
Fax: 08 9752 2851

Also refer to Community Health Centres Section for this service

PSYCHOLOGIST

Psychologists seek to help people function better, whatever their life situation may be, and to prevent ill-health and other problems developing. Most of their clients are well-adjusted people experiencing stress or health problems.

Valerie Coventry Psychologist

PO Box 495
Dunsborough WA 6281
Phone: 08 9756 7441
Fax: 08 9756 7441
Email: coventry@netserv.net.au

Leanne Woods Psychologist

Dunsborough Medical Centre
Dunn Bay Road
Dunsborough WA 6281
Phone: 08 9755 3064
Fax: 08 9755 3678
Email: dmc1@dunmed.com.au

Kay McCashney Psychologist

Clinical Psychologist
73 Bussell Highway
Busselton WA 6280
After hours: 08 9755 1054
Phone: 0407 992 152

SOCIAL WORKER

Social Workers recognise that people may need extra help with personal or family issues. Social Workers can help you when you are facing difficulties or experiencing an unexpected change in your personal and/or family circumstances. Social Workers are trained to deal with a range of issues including domestic violence, sexual abuse, family conflict, child support, depression, carer grief and stress.

Department of Child Protection

Suites 7, 8, 9 / 8-10 Prince Street
Busselton WA 6280
Phone: 08 9752 3666
Fax: 08 9752 1519

Also refer to Community Health Centres Section for this service

SPEECH PATHOLOGIST

Speech Pathologists diagnose, treat and provide management services to people of all ages with communication disorders, including speech, language, voice, fluency and literacy difficulties, or people who have physical problems with eating or swallowing.

Claire Hayley Pathologist

Busselton Family Centre
19-21 Kent Street
Busselton WA 6280
Email: clairemosey@bigpond.com

Tina Piggott Pathologist

Language for Life
4 Precinct Cove
Busselton WA 6280
Phone: 08 9754 3985
Fax: 08 9754 6790
Email: tinasp@iinet.net.au

Also refer to Community Health Centres Section for this service

ALZHEIMER'S DISEASE

In recognition of the funding received from the FRRR Wicking Trust, the following section of this resource is dedicated to information on Alzheimer disease. The following information was obtained with kind permission from The McCusker Foundation for Alzheimer Disease Research. Their contact details are as follows;

The McCusker Foundation for Alzheimer Disease Research

Hollywood Consulting Suites
184 Hampden Road
Nedlands WA 6009
Phone: 08 9347 4200
Fax: 08 9347 4299
Email: klucas@cyllene.uwa.edu.au
Web: www.alzheimers.com.au

The McCusker Foundation Research Unit is based at the Hollywood Consulting Suites in Western Australia and is involved in research directed towards:

1. Understanding the cause(s) of Alzheimer's Disease
2. Developing early diagnostic tests
3. Evaluating the therapeutic efficacy of candidate drugs

The word Dementia is used to describe the symptoms of a large group of illnesses which affect the brain and cause a decline in a person's mental functioning. Alzheimer's disease is the most common form of Dementia, accounting for between 50% and 70% of all cases.

Alzheimer's disease (AD) is a degenerating disorder of the brain characterised by deficits in short and long-term memory, language and other cognitive (thinking) functions. It usually develops slowly but steadily over a period of 6-20 years. The onset can be in middle adult life or even earlier, but usually occurs in later life. In late onset cases, progression of AD tends to be slower and characterised by a more general impairment of higher cortical function (eg. communication skills and problem-solving ability.)

Although AD is usually late onset (above 65 years), approximately 10% of AD cases are characterised as early onset (below 65 years). The early-onset form of AD is more severe and an age of onset as young as 31 years of age has been reported in Australia. Whilst only a small percentage of late-onset sufferers have a familial origin to their pathology, most cases of early-onset AD are familial. Common symptoms may include: changes in memory, orientation; behaviour, emotions and thinking.

Incidence of Alzheimer's Disease

It is estimated that Dementia currently affects more than 190,000 people in Australia with the figure expected to reach over 730,000 by 2050 (2.8% of the projected population) (source Alzheimer's Australia.) During the next forty years the incidence of AD or a related Dementia is predicted to increase by 254%* in Australia.

Confirmed Risk Factors Include

Old Age: This is the main risk factor. From age 65 to 74, about 3% of people have AD. From 75 to 84, the figures rise to 19% and for those 85 and older, AD afflicts 47%.

Family History of Dementia: A significant proportion of early-onset AD cases inherit the disease.

Down's Syndrome: People with Down's Syndrome are at high risk of developing AD because they have an extra copy of the b - amyloid precursor gene on chromosome 21.

Other possible risk factors where the evidence is still uncertain include gender, environmental factors (eg. diet), head trauma, heart disease, and hypothyroidism.

If you Suspect Alzheimer's Disease

If you are concerned that you or a member of your family may have Alzheimer's disease, it should be checked out as soon as possible. The first step is to see your local Doctor. They will conduct an assessment to rule out or treat any reversible causes of the symptoms. Assessment should include a detailed history, questions about memory and mood, a physical examination, blood tests and often a CT scan of the brain. The doctor may refer you to a specialist, such as a neurologist, psychiatrist or psycho geriatrician, or to an Aged Care Assessment Team.

For More Information:

Alzheimer's Australia WA

9 Bedbrook Place
Shenton Park WA 6008
Dementia Helpline FREE CALL: 1800 100 500
Web: www.alzheimers.asn.au

Offers a range of services to people with Dementia and their carers, including a variety of respite services, support services such as counselling, a program for people in the early stages of Dementia, education and training for carers and care workers and information through a specialized resource centre.

Alzheimer's Australia WA Mandurah Regional Office

Suite 9-11 Lotteries House
Anzac Place
Mandurah WA 6210
Phone: 08 9535 8772

For information, advice and support for those with dementia and for carers of people with dementia.

National Dementia Helpline

FREECALL: 1800 100 500

A 24 hour telephone information and support service available across Australia.

Neurological Council of Western Australia Inc

Community Neurological Nurse

PO Box 639
Bunbury WA 6231
Phone: 08 9792 4073
Fax: 08 9791 7624
Mobile: 0437 424 073
Email: adminsw@ncwa.com.au

The Community Neurological Nurse is funded by Home and Community Care. It is a free service to clients and a Doctor's referral is not necessary. The Neurological Nurse can liaise with and refer clients to respite services.

Silver Chain Busselton

58 West Street
Busselton WA 6280
Phone: 08 9754 2880
Mobile: 0427 982 476
Fax: 08 9752 3758
Email: jcarrico@silverchain.org.au
Web: www.silverchain.org.au

Assistance is available with household tasks and personal care. Volunteers are available to provide companionship and assistance with shopping and transport to appointments.

South West Rural Respite Services 24 hour service 7 days a week

Unit 2, 8-10 Prince Street

PO Box 952

Busselton WA 6280

Phone: 08 9751 1077

Mobile 0427 387 809

Fax: 08 9751 1088

Email: swrrs@carealot.com.au

Web: www.carealot.com.au

The South West Rural Respite Services is an in home respite service for primary carers of a range of individuals who care for: people with dementia, challenging behaviours, frail people, terminal illness and young people with a severe disability.

INFORMATION & ADVICE FOR PEOPLE WITH DEMENTIA & THEIR CARERS:

Cape Care Strelley Grange Individual at Home Services Busselton, Capel and Dunsborough

65 Broadwater Boulevard

Millfield Estate

Busselton WA 6280

Phone: 08 9754 2406

Fax: 08 9754 2406

Web: www.capecare.com.au

Day care respite available on week days additional to recreational and social activities aimed at the elderly and people with a disability.

Bethanie House Glen-Huon

111 Eaton Dve

Ethan WA 6232

Phone: 08 9724 4560

Fax: 08 9724 4569

Email: sandynitschke@bethanie.com.au

A Dementia-specific day care centre where socialization skills, activities and programs are provided for people with dementia and a frail aged social club is also available.

Department of Veterans' Affairs

GPO Box F352 Perth WA 6001

Metropolitan areas: 1300 550 457

Regional areas: 1800 550 457

Web: www.dva.gov.au

This is a great resource with information about dementia, planning ahead, looking after yourself, practical aspects of caring, residential care and other information.

National Respite for Carers Program

South West Commonwealth Carer Respite Centre

Unit 2 / 33 Denning Crescent

Bunbury 6231

Contact the Carer Respite Centre on 1800 059 059

Provide a flexible model of care with the aim of supporting and maintaining caring relationships between Carers and dependent family members and friends. A range of services are available, including host family respite, in-home respite, cottage respite and in-home overnight respite.

Veterans Home Care

GPO Box F352 Perth WA 6001

Metropolitan areas: 1300 550 457

Regional areas: 1800 550 457

Web: www.dva.gov.au

A service funded by the Department of Veterans Affairs to provide low level home care services to eligible veterans and their spouses.

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